



# PCA Time and Activity Documentation

PCA AGENCY NAME and PHONE Arc Northland (218) 726 - 4725	DATES/LOCATION OF RECIPIENT STAY IN HOSPITAL/CARE FACILITY/INCARCERATION to	EMAIL COMPLETED TIMESHEETS TO: <a href="mailto:TIMESHEETS@ARCNORTHLAND.ORG">TIMESHEETS@ARCNORTHLAND.ORG</a>
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Dates of Service	Monday MM/DD/YY	Tuesday MM/DD/YY	Wednesday MM/DD/YY	Thursday MM/DD/YY	Friday MM/DD/YY	Saturday MM/DD/YY	Sunday MM/DD/YY
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## Activities \*PCA must initial cares provided

Dressing							
Grooming							
Bathing							
Eating							
Transfers							
Mobility							
Positioning							
Toileting							
Health Related							
Behavior							
IADLs							

### Visit One

Ratio staff to recipient (circle)	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3
Shared care location							
Time in (circle AM/PM)	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM
Time out (circle AM/PM)	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM

### Visit Two

Ratio staff to recipient (circle)	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3	1:1 1:2 1:3
Shared care location							
Time in (circle AM/PM)	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM
Time out (circle AM/PM)	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM	AM PM

### Daily Total

\*15 minute billing

Hours	Hours	Hours	Hours	Hours	Hours	Hours
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### Total Hours

\*Cannot exceed 40

Total 1:1		Total 1:2		Total 1:3	
Hours	Hours	Hours	Hours	Hours	Hours

### Acknowledgement and Required Signatures

After the PCA has documented his/her time and activity, the recipient must draw a line through any dates/times he/she did not receive services from the PCA. Review the completed time sheet for accuracy before signing. It is a crime to provide false information on PCA billings for Medical Assistance payment. By signing below you swear and verify the time and services entered above are accurate and that the services were performed by the PCA listed below as specified in the PCA Care Plan.

RECIPIENT NAME (FIRST, MI, LAST)	MA MEMBER # or DATE OF BIRTH	RECIPIENT/RESPONSIBLE PARTY SIGNATURE	DATE
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I certify and swear under penalty of law that I have accurately reported on this time sheet the hours I actually worked, the services I provided, and the dates and times worked. I understand that misreporting my hours is fraud for which I could face criminal prosecution and civil proceedings.

PCA NAME (FIRST, MI, LAST)	PCA NPI/UMPI	PCA SIGNATURE	DATE
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Review [PCA Provider Time and Activity Documentation](#) for additional policy information about timesheet requirements.

# Instructions for PCA Time and Activity Documentation

This form documents time and activity between one PCA and one recipient. Document up to two visits per day on this form. Employers may have additional instructions or documentation requirements. For shared care, you must use a separate form for each person for whom you are providing care.

## Name of PCA Provider Agency

Enter name of the PCA provider agency and its phone number.

## Recipient Stays

Enter dates and location of recipient stays in a hospital, care facility or incarceration.

## Dates of Service

Dates of service must be in consecutive order. Enter the date in mm/dd/yy format for each date you provide service. The recipient must draw a line through any dates and times PCA services were not provided.

## Activities

For each date you provided care, write your initials next to all the activities you provided. Your initials indicate you provided the service as described in the PCA Care Plan. If you provide a service more than once in a day, initial only once. The following are general descriptions of activities of daily living and instrumental activities of daily living.

## Dressing

Choosing appropriate clothing for the day, includes laying out of clothing, actual applying and changing clothing, special appliances or wraps, transfers, mobility and positioning to complete this task.

## Grooming

Personal hygiene, includes basic hair care, oral care, nail care (except recipients who are diabetic or have poor circulation), shaving hair, applying cosmetics and deodorant, care of eyeglasses, contact lenses, hearing aids.

## Bathing

Starting and finishing a bath or shower, transfers, mobility, positioning, using soap, rinsing, drying, inspecting skin and applying lotion.

## Eating

Getting food into the body, transfers, mobility, positioning, hand washing, applying of orthotics needed for eating, feeding, preparing meals and grocery shopping.

## Transfers

Moving from one seating/reclining area or position to another.

## Mobility

Moving including assistance with ambulation, including use of a wheelchair. Mobility does not include providing transportation for a recipient.

## Positioning

Including assistance with positioning or turning a recipient for necessary care and comfort.

## Toileting

Bowel/bladder elimination and care, transfers, mobility, positioning, feminine hygiene, use of toileting equipment or supplies, cleansing the perineal area and inspecting skin and adjusting clothing.

## Health-related Procedures and Tasks

Health related procedures and tasks according to PCA policy. Examples include: range of motion and passive exercise, assistance with self-administered medication including bringing medication to the recipient, and assistance with opening medication under the direction of the recipient or responsible party, interventions, monitoring and observations for seizure disorders, and other activities listed on the care plan and considered within the scope of the PCA service meeting the definition of health-related procedures and tasks.

## Behavior

Redirecting, intervening, observing, monitoring and documenting behavior.

## IADLs (Instrumental Activities of Daily Living)

Covered service for recipients over age 18 years only, such as: meal planning and preparation, basic assistance with paying the bills, shopping for food, clothing, and other essential items, performing household tasks integral to the personal care assistance services; assisting with recipient's communication by telephone, and other media, and accompanying the recipient with traveling to medical appointments and participation in the community.

## Visit One

Documentation of the first visit of the day.

### Ratio of PCA to Recipient

1:1 = One PCA to one recipient

1:2 = One PCA to two recipients (shared services)

1:3 = One PCA to three recipients (shared services)

**Circle the appropriate ratio of PCA to recipients for this visit.**

**Visit Two**

Documentation of the first visit of the day.

**Ratio of PCA to Recipient**

- 1:1 = One PCA to one recipient
- 1:2 = One PCA to two recipients (shared services)
- 1:3 = One PCA to three recipients (shared services)

Circle the appropriate ratio of PCA to recipients for this visit.

**Shared Services Location**

(Required for shared services only) Write a brief description of the location where you provided the shared services, examples include school, work, store and home.

**Time in**

Enter time in hours and minutes that you started providing care and circle AM or PM.

**Time out**

Enter time in the hours and minutes that you stopped providing care and circle AM or PM.

**Daily Total**

Add the total time in hours (increments of fifteen minutes represented by .25, .5, .75) that you spent with this recipient for the care documented in one column.

**Total Hours This Time Sheet**

Add the time in hours (increments of fifteen minutes represented by .25, .5, .75) for all visits on this entire time sheet and enter the total in the appropriate ratio box.

**Acknowledgement and Required Signatures**

Recipient/responsible party prints the recipient’s first name, middle initial, last name, and MA Member (MHCPID) Number or birth date (for identifying purposes). Recipient/ responsible party signs and dates form. PCA prints his/ her first name, middle initial, last name, individual PCA Unique Minnesota Provider Identifier (UMPI) (for identifying purposes). PCA signs and dates form.

PCA AGENCY PHONE NUMBER  
(218) 726 - 4725

Attention. If you need free help interpreting this document, call the above number.

ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ ។

Pažnja. Ako vam treba besplatna pomoć za tumačenje ovog dokumenta, nazovite gore naveden broj.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງໂທໄປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun bilisa akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bibili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

LB3-0001 (3-13)

**This information is available in accessible formats for individuals with disabilities by calling your PCA agency. For additional assistance with disability rights and protections to access human services programs, contact the agency’s ADA coordinator.**