

# ARC NORTHLAND CONNECTIONS



Arc Northland's Newsletter

Spring 2019 Issue

## Executive Notes

Happy Spring to you all!

I know I speak for us all, that the warmer weather, when it graces us, is ever welcoming!

It was a busy winter at Arc Northland; however, the weather did not stop us. In collaboration with CHOICE unlimited, on February 19<sup>TH</sup>, a bus of 44 people, mostly self-advocates, traveled to the Capitol for "Disability Day". The group made signs reflecting what people wanted Minnesota's Legislators to know and pay attention to for people with disabilities.

The 22<sup>nd</sup> Chocolate After Dark event, with a record breaking 260 people in attendance, was held on February 28<sup>th</sup>. The local chefs, local breweries and distillery who shared their delicacies, truly added to the event. I want to thank everyone who attended and for their financial support of Arc Northland's Adult and Family Support Services.

Looking to the future, the Arc Northland Board of Directors and professional staff will be working together to do an organizational plan, which will outline the next three years. Our goal is to assess current services, as well as, through direct input, identify areas of need that we can respond to. If you are interested in being involved in a focus group or being interviewed, please contact the office.

Additionally, there is information in the newsletter about the Annual Meeting, the Self-Advocacy Conference and family picnic. Hope to see you soon.

*Take care, Laurie B. Berner*



**You are cordially invited to  
Arc Northland's Annual Meeting  
May 15, 2019, 5:30 PM  
Ordean Building  
Conference Rooms B & C  
424 West Superior Street  
Duluth, MN 55802  
RSVP: 218-726-4725**

### Board of Directors

Mike Karstens, Chair

Ann Roscoe—Secretary

Becky Jakubek—Treasurer

Amy Burke

Sandy Moore

Blaze Zenner

Heidi Zegan

*We would like to welcome  
Sandy, Blaze and Heidi who  
joined the Board in 2019.*



It's Coming...

# Self-Advocacy Conference

May 18

9:30-2:00

At Holiday Inn

(Downtown Duluth)

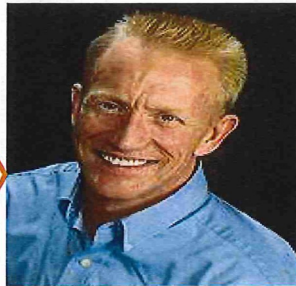
**\$20 Registration Fee**  
**(Includes Lunch)**

\*\*We will offer scholarships to pay for half of the registration fee for those who cannot afford it. Contact Meredith\*\*

\*Registration starts at 9:30 \*

Keynote speaker: Ted Schick from Duluth

Multiple Workshop options to choose from focusing on the Leadership Theme!



Call Arc at  
726-4725 to  
Register Today!

We'd like to thank the Governor's Council on Development Disabilities for the grant to help put on this conference.

## Chocolate After Dark

### Major Sponsors

Midwest Communications  
Discount Mattress  
Pro Print, Lamar  
St. Luke's Hospital  
Verso  
Fond du Luth Casino  
Northshore Bank  
Through Laura's Lens



**Thank You!!**

### Local Chefs ~

Mid-Coast Catering—**Winner**  
DECC JJ Astor  
Ledge Rock Grille  
Pizza Luce Bellisio's  
Whole Foods Coop  
Canal Park Brewing  
Vikre Bent Paddle  
South Shore Brewing  
Castle Danger

## Highlights ~

### Arc Northland Team:

#### PCA Choice:

Jenny Kempfert

Jenny Feehan

Naomi Gordon

#### Adult and Family

#### Services

Meredith Kujala

Brenda Caya

Sherie Lillie

#### Housing:

Stacey Nordby

#### Quality Council

Zoey Leege

Emily Mack

#### Finance

Rick Sailstad

#### Reception

Carol Bourdage

#### Student Intern

Summer Thomas

#### Executive Director

Laurie Berner



Arc Northland  
424 West Superior Street  
Suite 500  
Duluth, MN 55802

ADDRESS SERVICE REQUESTED

## Annual Picnic

Arc Northland's annual picnic is in the works. The picnic will be held **Tuesday, August 13<sup>th</sup>, from 5-7**. The location is still being determined, however food and fun will be served for all. The admission fee is \$5 and includes a meal and beverage. More updates to follow.



If you would like to receive this newsletter electronically,  
or be taken off our mailing list, please call.

## Contact Us:

### Arc Northland

424 W Superior Street  
Suite 500  
Duluth, MN 55802

Phone: (218) 726-4725

### General Email:

[info@arcnorthland.org](mailto:info@arcnorthland.org)

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